

**Tableau meilleures performances PISTE-Dames CSL  
(situation 22.03.2019)**

**DÉBUTANTES**

50 m	7''69	Wensween Grou Kiara	2014
75 m	11''0	Esposito Carmela	1989
400 m	87''31	Weyrich Jenny	2007
600 m	1'56''2	Esposito Carmela	1989
800 m	2'42''30	Lensment Anna	2014
1000 m	3'24''4	Philipps Lee	2006
Longueur	4,08	Hoffman Betty	2006
	4,08	Gunnarsson Lisa	2009
Hauteur	1,30	Philipps Lee	2006
	1,30	Lassine Laure	2014
	1,30	Pieri Julia	2018
	1,30	Friederich Emilie	2018
Balle 80 gr	35,00	Nosbusch Claude	2018
4 x 50 m	29''76	Castelain E. - Friederich E. Nosbusch C. - Boulègue E.	2018
3 x 800 m	8'53''8	Hansen F. - Müller M. Berns Cl.	2005

**SCOLAIRES**

50 m	7''19	Rausch Noémie	2006
75 m	9''92	Carmela Esposito	1992
80 m	10,73	Hansen Frédérique	2007
150 m	19''76	Esposito Carmela	1992
300 m	43''00	Hansen Frédérique	2007
60 m Haies	10''35	Rausch Noémie	2006
600 m	1'51''8	Esposito Carmela	1991
800 m	2'28''37	Hansen Frédérique	2007
1000 m	3'23''4	Marson Nadine	2006
2000 m	7'24''32	Kieffer Lena	2014
Longueur	5,08	Berns Claire	2007
Hauteur	1,56m	Lassine Laure	2016
Poids 2 kg	11,66m	Rausch Noémie	2006
Javelot 400 gr	27,47	Clees Sharlena	2007
Disque 750 gr	17,55	Krieps-Dupong Elisabeth	2015
Balle 80 gr	31,00	Clees Sharlena	2007
Balle 200 gr	43,50	Prüssen Rosita	2009
4 x 50 m	27''78	Rausch N. - Berns Cl. Hansen F. - Thill M.	2006
3 x 800 m	8'01''6	Berns Cl. - Hansen F. Marson N.	2006

## MINIMES

75 m	9''60	Molitor Véronique	2000
100 m	12''48	Esposito Carmela	1994
150 m	19''32	Esposito Carmela	1993
200 m	25''85	Van Damme Katrijn	2004
300 m	40''48	Hansen Frédérique	2009
400 m	57''97	Hansen Frédérique	2009
600 m	1'36''50	Kieffer Lena	2016
800 m	2'13''30	Hansen Frédérique	2009
1000 m	2'56''51	Kieffer Lena	2016
1500 m	4'40''80	Kieffer Lena	2016
2000 m	6'42''75	Scheller Maryse	2002
3000 m	10'40''63	Nobili Martine	2000
80 m Haies	12''37	Brachtenbach Martine	1997
100 m Haies 0,76	15''69	Lensment Anna	2018
100mHaies 0,84	17''18	Lensment Anna	2018
300 m Haies	46''94	Linster Carole	1993
2000mSteeple	8'22''24	Lensment Anna	2018
Longueur	5,51	Steffen Véronique	1990
Hauteur	1,67	Baldelli Steffi	2000
Triple Saut	11,39	Koffi Melody	2018
Perche	3,00	Felten Elisabeth	2011
Poids 2,5 kg	12,68	Herr Bénédicte	2001
Poids 3 kg	11,48	Lassine Laure	2018
Marteau 3 kg	34,56	Krieps Dupong Lisa	2017
Disque 750 gr	35,20	Mathias Heike	1995
Disque 1 kg	30,40	Mathias Heike	1995
Javelot 400 gr	38,08	Steffen Véronique	1992
Javelot 500gr	29,50	Lassine Laure	2018
Javelot 600 gr	28,89	Lassine Laure	2018
Balle 80 gr	53,50	Milojewic Dina	1996
Balle 200 gr	44,50	Mathias Heike	1995
Triathlon	1.889	Esposito Carmela 9.97-1,45-9,47	1993
Heptathlon	3.578	Ries Louise 13''04-1,50-9,53-13''35-5,03-36,83- 2.41.70	2018
Décathlon	3.843	Weyrich Jenny 14.26-4,18-7,63-1,35-71.67 18.31-19,28-2,40-20,19-6.09,37	2012
4 x 75 m	39''83	Jung A. - Becker N. Mathias H. - Navarro E.	1995
4 x 100 m	51''23	Rausch N. - Thill M. Berns C. - Hansen Fr.	2008
4 x 200 m	1'56''84	Guilfoyle A. - Mustafic A. Dragovic N. - Krieps M.	2014
4 x 300 m	3'01''06	Linster C. - Zenner Cl. Bart N. - Esposito C.	1993
3 x 800 m	7'20''75	Bruls M. - Neufeld G.	2016

		<b>Kieffer L.</b>	
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### CADETTES

<b>75 m</b>	<b>9''60</b>	<b>Molitor Véronique</b>	<b>2000</b>
<b>100 m</b>	<b>12''32</b>	<b>Lamberty Nadine</b>	<b>1983</b>
<b>150 m</b>	<b>19''32</b>	<b>Esposito Carmela</b>	<b>1993</b>
<b>200 m</b>	<b>25''57</b>	<b>Lamberty Nadine</b>	<b>1983</b>
<b>300 m</b>	<b>40''48</b>	<b>Hansen Frédérique</b>	<b>2009</b>
<b>400 m</b>	<b>55''99</b>	<b>Hansen Frédérique</b>	<b>2010</b>
<b>600 m</b>	<b>1'33''14</b>	<b>Mathias Charline</b>	<b>2008</b>
<b>800 m</b>	<b>2'07''28</b>	<b>Nobili Martine</b>	<b>2002</b>
<b>1000 m</b>	<b>2'48''74</b>	<b>Kieffer Lena</b>	<b>2018</b>
<b>1500 m</b>	<b>4'26''07</b>	<b>Kieffer Lena</b>	<b>2018</b>
<b>3000 m</b>	<b>10'09''02</b>	<b>Scheller Maryse</b>	<b>2004</b>
<b>5000 m</b>	<b>17'52''49</b>	<b>Scheller Maryse</b>	<b>2004</b>
<b>100 m Haies</b>	<b>14,89</b>	<b>Brachtenbach Martine</b>	<b>1999</b>
	<b>14,89</b>	<b>Baldelli Steffi</b>	<b>2002</b>
<b>300 m Haies</b>	<b>44,65</b>	<b>Linster Carole</b>	<b>1995</b>
<b>400 m Haies</b>	<b>64''50</b>	<b>Linster Carole</b>	<b>1995</b>
<b>2000 m Steeple</b>	<b>7'24''69</b>	<b>Scheller Maryse</b>	<b>2004</b>
<b>3000 m Steeple</b>	<b>15'34''39</b>	<b>Procacci Lydie</b>	<b>2006</b>
<b>Longueur</b>	<b>5,53</b>	<b>Kipgen Laurence</b>	<b>1999</b>
<b>Hauteur</b>	<b>1,67</b>	<b>Baldelli Steffi</b>	<b>2000</b>
<b>Triple Saut</b>	<b>11,57</b>	<b>Herr Bénédicte</b>	<b>2003</b>
<b>Perche</b>	<b>3,40</b>	<b>Buekens Lara</b>	<b>2014</b>
<b>Poids 3 kg</b>	<b>12,21</b>	<b>Faber Isabelle</b>	<b>1994</b>
<b>Poids 4 kg</b>	<b>11,95</b>	<b>Faber Isabelle</b>	<b>1996</b>
<b>Marteau 3 kg</b>	<b>42,68</b>	<b>Krieps-Dupong Lisa</b>	<b>2018</b>
<b>Marteau 4 kg</b>	<b>12,93</b>	<b>Gonzales Nathalie</b>	<b>2011</b>
<b>Disque 1 kg</b>	<b>32,56</b>	<b>Mathias Heike</b>	<b>1996</b>
<b>Javelot 400 gr</b>	<b>38,08</b>	<b>Steffen Véronique</b>	<b>1992</b>
<b>Javelot 500 gr</b>	<b>29,50</b>	<b>Lassine Laure</b>	<b>2018</b>
<b>Javelot 600 gr</b>	<b>31,92</b>	<b>Procacci Stephanie</b>	<b>2010</b>
<b>Triathlon</b>	<b>1.889</b>	<b>Esposito Carmela</b> 9.97-1,45-9,47	<b>1993</b>
<b>Heptathlon</b>	<b>4.192</b>	<b>Kipgen Laurence</b> 15.69-1,58-8,62-13.73-5,36-21,86-2.32.96	<b>1999</b>
<b>4 x 100 m</b>	<b>50,27</b>	<b>Diehl M. - Van Damme K.</b> <b>Orville M. - Hoffmann C.</b>	<b>2006</b>
<b>4 x 300 m</b>	<b>2'58''2</b>	<b>Decarniere I. - Reuter</b> <b>Hoffmann D. - Kayser Ch.</b>	<b>1977</b>
<b>4 x 400 m</b>	<b>4'03''49</b>	<b>Frasing Fr. - Hansen Fr.</b> <b>Mathias C. - Wagener A.</b>	<b>2009</b>
<b>3 x 800 m</b>	<b>7'14''02</b>	<b>Fields G. - Bruls M.</b> <b>Kieffer L.</b>	<b>2017</b>

## JUNIORS

<b>100 m</b>	<b>12''32</b>	<b>Lamberty Nadine</b>	<b>1983</b>
<b>150 m</b>	<b>19''32</b>	<b>Esposito Carmela</b>	<b>1993</b>
<b>200 m</b>	<b>25''1</b>	<b>Linster Véronique</b>	<b>1987</b>
<b>300 m</b>	<b>40''48</b>	<b>Hansen Frédérique</b>	<b>2009</b>
<b>400 m</b>	<b>54''05</b>	<b>Hansen Frédérique</b>	<b>2013</b>
<b>600 m</b>	<b>1'31''68</b>	<b>Nobili Martine</b>	<b>2003</b>
<b>800 m</b>	<b>2'07''07</b>	<b>Nobili Martine</b>	<b>2003</b>
<b>1000 m</b>	<b>2'48''74</b>	<b>Kieffer Lena</b>	<b>2018</b>
<b>1500 m</b>	<b>4'26''07</b>	<b>Kieffer Lena</b>	<b>2018</b>
<b>3000 m</b>	<b>10'09''02</b>	<b>Scheller Maryse</b>	<b>2004</b>
<b>5000 m</b>	<b>17'46''71</b>	<b>Scheller Maryse</b>	<b>2005</b>
<b>10000 m</b>	<b>44'03''31</b>	<b>Dratwicki Natahlie</b>	<b>2006</b>
<b>Mile</b>	<b>4'58''60</b>	<b>Nobili Martine</b>	<b>2002</b>
<b>100 m Haies</b>	<b>14''63</b>	<b>Brachtenbach Martine</b>	<b>2000</b>
<b>400 m Haies</b>	<b>63''20</b>	<b>Linster Carole</b>	<b>1996</b>
<b>3000 m Steeple</b>	<b>11'11''26</b>	<b>Scheller Maryse</b>	<b>2005</b>
<b>Longueur</b>	<b>5,85</b>	<b>Brachtenbach Martine</b>	<b>2001</b>
<b>Hauteur</b>	<b>1,68</b>	<b>Hengen Chantal</b>	<b>1993</b>
<b>Triple Saut</b>	<b>11,72</b>	<b>Bokomba Nita</b>	<b>2013</b>
<b>Perche</b>	<b>3,50</b>	<b>Scheer Joëlle</b>	<b>2002</b>
<b>Poids 4 kg</b>	<b>11,95</b>	<b>Faber Isabelle</b>	<b>1996</b>
<b>Marteau 4 kg</b>	<b>26,70</b>	<b>Mathias Heike</b>	<b>1998</b>
<b>Disque 1 kg</b>	<b>41,44</b>	<b>Margue Betty</b>	<b>1966</b>
<b>Javelot 600 gr</b>	<b>35,53</b>	<b>Faber Isabelle</b>	<b>1999</b>
<b>Heptathlon</b>	<b>4.430</b>	<b>Van Cruchten Marielse</b> 15.85-1,60-9,58-26.90-5,28-22,88-2.24.03	<b>1992</b>
<b>4 x 100 m</b>	<b>50,4</b>	<b>Scholtes Y. - Mines E.</b> <b>Kremer -Hild Y.</b>	<b>1973</b>
<b>4 x 400 m</b>	<b>4'03''49</b>	<b>Frising Fr. - Hansen Fr.</b> <b>Mathias C. - Wagener A.</b>	<b>2009</b>
<b>3 x 800 m</b>	<b>7'14''02</b>	<b>Fields G. - Bruls M.</b> <b>Kieffer L.</b>	<b>2017</b>

## ESPOIRS

<b>100 m</b>	<b>12'0</b>	<b>Linster Véronique</b>	<b>1987</b>
<b>200 m</b>	<b>25''1</b>	<b>Linster Véronique</b>	<b>1987</b>
<b>300 m</b>	<b>40''48</b>	<b>Hansen Frédérique</b>	<b>2009</b>
<b>400 m</b>	<b>54''05</b>	<b>Hansen Frederique</b>	<b>2013</b>
<b>500 m</b>	<b>1'16''89</b>	<b>Mathias Charline</b>	<b>2012</b>
<b>600 m</b>	<b>1'31''63</b>	<b>Frisch Carole</b>	<b>2008</b>
<b>800 m</b>	<b>2'02''53</b>	<b>Mathias Charline</b>	<b>2014</b>
<b>1000 m</b>	<b>2'48''74</b>	<b>KiefferLena</b>	<b>2018</b>
<b>1500 m</b>	<b>4'26''07</b>	<b>Kieffer Lena</b>	<b>2018</b>
<b>3000 m</b>	<b>10'09''02</b>	<b>Scheller Maryse</b>	<b>2004</b>
<b>5000 m</b>	<b>17'03''35</b>	<b>Weis Christiane</b>	<b>2000</b>
<b>10000 m</b>	<b>44'03''31</b>	<b>Dratwicki Natahlie</b>	<b>2006</b>
<b>100 m Haies</b>	<b>14''63</b>	<b>Brachtenbach Martine</b>	<b>2000</b>
<b>400 m Haies</b>	<b>63 ''20</b>	<b>Linster Carole</b>	<b>1996</b>
<b>3000 m Steeple</b>	<b>11'11''26</b>	<b>Scheller Maryse</b>	<b>2005</b>
<b>Mile</b>	<b>4'58''60</b>	<b>Nobili Martine</b>	<b>2002</b>
<b>Longueur</b>	<b>5,85</b>	<b>Brachtenbach Martine</b>	<b>2001</b>
<b>Hauteur</b>	<b>1,68</b>	<b>Hengen Chantal</b>	<b>1983</b>
	<b>1,68</b>	<b>Baum Laurence</b>	<b>2000</b>
<b>Triple Saut</b>	<b>11,78</b>	<b>Bokomba Nita</b>	<b>2014</b>
<b>Perche</b>	<b>3,55</b>	<b>Scheer Joëlle</b>	<b>2004</b>
<b>Poids 4 kg</b>	<b>11,99</b>	<b>Losert Melanie</b>	<b>2005</b>
<b>Disque 1 kg</b>	<b>41,44</b>	<b>Margue Betty</b>	<b>1966</b>
<b>Javelot 600 gr</b>	<b>35,53</b>	<b>Faber Isabelle</b>	<b>1999</b>
<b>Marteau 4,kg</b>	<b>26,70</b>	<b>Mathias Heike</b>	<b>1998</b>
<b>Heptathlon</b>	<b>4.430</b>	<b>Van Cruchten Marielse</b> 15.85-1,60-9,58-26.90-5,28-22,88-2.24.03	<b>1992</b>
<b>4 x 100 m</b>	<b>50'4</b>	<b>Scholtes Y. - Mines E.</b> <b>Kremer - Hild Y.</b>	<b>1973</b>
<b>4 x 400 m</b>	<b>4'03''49</b>	<b>Frasing Fr. - Hansen Fr.</b> <b>Mathias C. - Wagener A.</b>	<b>2009</b>
<b>3 x 800 m</b>	<b>7'14''02</b>	<b>Fields G. – Bruls M.</b> <b>Kieffer L.</b>	<b>2017</b>

## SENIORS

<b>100 m</b>	<b>11''76</b>	<b>Linster Véronique</b>	<b>1992</b>
<b>200 m</b>	<b>24''11</b>	<b>Bauer Anaïs</b>	<b>2018</b>
<b>300 m</b>	<b>40''48</b>	<b>Hansen Frédérique</b>	<b>2009</b>
<b>400 m</b>	<b>54''05</b>	<b>Hansen Frederique</b>	<b>2013</b>
<b>500 m</b>	<b>1'16''89</b>	<b>Mathias Charline</b>	<b>2012</b>
<b>600 m</b>	<b>1'31''63</b>	<b>Frisch Carole</b>	<b>2008</b>
<b>800 m</b>	<b>2'00''35</b>	<b>Mathias Charline</b>	<b>2018</b>
<b>1000 m</b>	<b>2'40''09</b>	<b>Mathias Charline</b>	<b>2018</b>
<b>1500 m</b>	<b>4'12''57</b>	<b>Mathias Charline</b>	<b>2017</b>
<b>3000 m</b>	<b>9'38''2</b>	<b>Schmit Fernande</b>	<b>1998</b>
<b>5000 m</b>	<b>16'39''80</b>	<b>May Elisabeth</b>	<b>2007</b>
<b>10000 m</b>	<b>35'45''21</b>	<b>May Elisabeth</b>	<b>2007</b>
<b>Marathon</b>	<b>2.46'04</b>	<b>Metz Christine</b>	<b>1991</b>
<b>100 m Haies</b>	<b>13''36</b>	<b>Linster Véronique</b>	<b>1996</b>
<b>400 m Haies</b>	<b>59''19</b>	<b>Reuland Kim</b>	<b>2016</b>
<b>3000 m Steeple</b>	<b>11'11''26</b>	<b>Scheller Maryse</b>	<b>2005</b>
<b>Longueur</b>	<b>5,85</b>	<b>Brachtenbach Martine</b>	<b>2001</b>
<b>Hauteur</b>	<b>1,88</b>	<b>Kähler Birgit</b>	<b>2004</b>
<b>Triple Saut</b>	<b>11,78</b>	<b>Bokomba Nita</b>	<b>2014</b>
<b>Perche</b>	<b>3,83m</b>	<b>Amabilino Silvia</b>	<b>2019</b>
<b>Poids 4 kg</b>	<b>12,43</b>	<b>Margue Betty</b>	<b>1968</b>
<b>Disque 1 kg</b>	<b>41,95</b>	<b>Margue Betty</b>	<b>1968</b>
<b>Javelot 600 gr</b>	<b>43,88</b>	<b>Baldin Mareike</b>	<b>2011</b>
<b>Mart. lourd 9,08kg</b>	<b>14,72m</b>	<b>Tonizzo-Kosmala Mireille</b>	<b>2017</b>
<b>Marteau 4 kg</b>	<b>41,98m</b>	<b>Tonizzo-Kosmala Mireille</b>	<b>2018</b>
<b>Marteau 3kg W50</b>	<b>46,14m</b>	<b>Tonizzo-Kosmala Mireille</b>	<b>2018</b>
<b>Mart. lourd 7,26kg W50</b>	<b>17,23m</b>	<b>Tonizzo-Kosmala Mireille</b>	<b>2018</b>
<b>Heptathlon</b>	<b>5.316</b>	<b>Baldin Mareike</b> 14.26-1,54-11,16-25.11-5,72-39,54-2.21.54	<b>2010</b>
<b>4 x 100 m</b>	<b>49''32</b>	<b>Linster V. - Thill S.</b> <b>Beissel A. - Leches S.</b>	<b>1992</b>
<b>4 x 400 m</b>	<b>3'56''19</b>	<b>Kieffer L. - Bruls M.</b> <b>Bauer A. - Mathias Ch.</b>	<b>2018</b>
<b>3 x 800 m</b>	<b>6'45''9</b>	<b>Decarniere I. - Schmit F.</b> <b>Scholtes Y.</b>	<b>1978</b>