

**Tableau meilleures performances PISTE-Dames CSL  
(situation 17.10.2018)**

**DEBUTANTES**

|             |          |   |      |
|-------------|----------|---|------|
| 50 m        | 7''69    | Wensween Grou Kiara                                       | 2014 |
| 75 m        | 11''0    | Esposito Carmela  | 1989 |
| 400 m       | 87''31   | Weyrich Jenny   | 2007 |
| 600 m       | 1'56''2  | Esposito Carmela  | 1989 |
| 800 m       | 2'42''30 | Lensment Anna   | 2014 |
| 1000 m      | 3'24''4  | Philipps Lee  | 2006 |
| Longueur    | 4,08     | Hoffman Betty   | 2006 |
|             | 4,08     | Gunnarsson Lisa   | 2009 |
| Hauteur     | 1,30     | Philipps Lee  | 2006 |
|             | 1,30     | Lassine Laure   | 2014 |
|             | 1,30     | Pieri Julia   | 2018 |
|             | 1,30     | Friederich Emilie   | 2018 |
| Balle 80 gr | 35,00    | Nosbusch Claude   | 2018 |
| 4 x 50 m    | 29''76   | Castelain E. - Friederich E.<br>Nosbusch C. - Boulègue E. | 2018 |
| 3 x 800 m   | 8'53''8  | Hansen F. - Müller M.<br>Berns Cl.                        | 2005 |

**SCOLAIRES**

|                |          |   |      |
|----------------|----------|---|------|
| 50 m           | 7''19    | Rausch Noémie                                 | 2006 |
| 75 m           | 9''92    | Carmela Esposito                              | 1992 |
| 80 m           | 10,73    | Hansen Frédérique                             | 2007 |
| 150 m          | 19''76   | Esposito Carmela                              | 1992 |
| 300 m          | 43''00   | Hansen Frédérique                             | 2007 |
| 60 m Haies     | 10''35   | Rausch Noémie                                 | 2006 |
| 600 m          | 1'51''8  | Esposito Carmela                              | 1991 |
| 800 m          | 2'28''37 | Hansen Frédérique                             | 2007 |
| 1000 m         | 3'23''4  | Marson Nadine                                 | 2006 |
| 2000 m         | 7'24''32 | Kieffer Lena                                  | 2014 |
| Longueur       | 5,08     | Berns Claire                                  | 2007 |
| Hauteur        | 1,56m    | Lassine Laure                                 | 2016 |
| Poids 2 kg     | 11,66m   | Rausch Noémie                                 | 2006 |
| Javelot 400 gr | 27,47    | Clees Sharlena                                | 2007 |
| Disque 750 gr  | 17,55    | Krieps-Dupong Elisabeth                       | 2015 |
| Balle 80 gr    | 31,00    | Clees Sharlena                                | 2007 |
| Balle 200 gr   | 43,50    | Prüssen Rosita                                | 2009 |
| 4 x 50 m       | 27''78   | Rausch N. - Berns Cl.<br>Hansen F. - Thill M. | 2006 |
| 3 x 800 m      | 8'01''6  | Berns Cl. - Hansen F.<br>Marson N.            | 2006 |

## MINIMES

|                  |           |   |      |
|------------------|-----------|---|------|
| 75 m             | 9''60     | Molitor Véronique   | 2000 |
| 100 m            | 12''48    | Esposito Carmela  | 1994 |
| 150 m            | 19''32    | Esposito Carmela  | 1993 |
| 200 m            | 25''85    | Van Damme Katrijn   | 2004 |
| 300 m            | 40''48    | Hansen Frédérique   | 2009 |
| 400 m            | 57''97    | Hansen Frédérique   | 2009 |
| 600 m            | 1'36''50  | Kieffer Lena  | 2016 |
| 800 m            | 2'13''30  | Hansen Frédérique   | 2009 |
| 1000 m           | 2'56''51  | Kieffer Lena  | 2016 |
| 1500 m           | 4'40''80  | Kieffer Lena  | 2016 |
| 2000 m           | 6'42''75  | Scheller Maryse   | 2002 |
| 3000 m           | 10'40''63 | Nobili Martine  | 2000 |
| 80 m Haies       | 12''37    | Brachtenbach Martine  | 1997 |
| 100 m Haies 0,76 | 15''96    | Lensment Anna   | 2018 |
| 100mHaies 0,84   | 17''18    | Lensement Anna  | 2018 |
| 300 m Haies      | 46''94    | Linster Carole  | 1993 |
| 2000mSteeple     | 8'22''24  | Lensement Anna  | 2018 |
| Longueur         | 5,51      | Steffen Véronique   | 1990 |
| Hauteur          | 1,67      | Baldelli Steffi   | 2000 |
| Triple Saut      | 11,39     | Koffi Melody  | 2018 |
| Perche           | 3,00      | Felten Elisabeth  | 2011 |
| Poids 2,5 kg     | 12,68     | Herr Bénédicte  | 2001 |
| Poids 3 kg       | 11,48     | Lassine Laure   | 2018 |
| Marteau 3 kg     | 34,56     | Krieps Dupong Lisa  | 2017 |
| Disque 750 gr    | 35,20     | Mathias Heike   | 1995 |
| Disque 1 kg      | 30,40     | Mathias Heike   | 1995 |
| Javelot 400 gr   | 38,08     | Steffen Véronique   | 1992 |
| Javelot 500gr    | 29,50     | Lassine Laure   | 2018 |
| Javelot 600 gr   | 28,89     | Lassine Laure   | 2018 |
| Balle 80 gr      | 53,50     | Milojewic Dina  | 1996 |
| Balle 200 gr     | 44,50     | Mathias Heike   | 1995 |
| Triathlon        | 1.889     | Esposito Carmela<br>9.97-1,45-9,47  | 1993 |
| Heptathlon       | 3.578     | Ries Louise<br>13''04-1,50-9,53-13''35-5,03-36,83-<br>2.41.70                 | 2018 |
| Décathlon        | 3.843     | Weyrich Jenny<br>14.26-4,18-7,63-1,35-71.67<br>18.31-19,28-2,40-20,19-6.09,37 | 2012 |
| 4 x 75 m         | 39''83    | Jung A. - Becker N.<br>Mathias H. - Navarro E.                                | 1995 |
| 4 x 100 m        | 51''23    | Rausch N. - Thill M.<br>Berns C. - Hansen Fr.                                 | 2008 |
| 4 x 200 m        | 1'56''84  | Guilfoyle A. - Mustafic A.<br>Dragovic N. - Krieps M.                         | 2014 |
| 4 x 300 m        | 3'01''06  | Linster C. - Zenner Cl.<br>Bart N. - Esposito C.                              | 1993 |
| 3 x 800 m        | 7'20''75  | Bruls M. - Neufeld G.   | 2016 |

|  |  |                   |  |
|--|--|-------------------|--|
|  |  | <b>Kieffer L.</b> |  |
|--|--|-------------------|--|

### CADETTES

|                       |                  |  |             |
|-----------------------|------------------|--|-------------|
| <b>75 m</b>           | <b>9''60</b>     | <b>Molitor Véronique</b>   | <b>2000</b> |
| <b>100 m</b>          | <b>12''32</b>    | <b>Lamberty Nadine</b>   | <b>1983</b> |
| <b>150 m</b>          | <b>19''32</b>    | <b>Esposito Carmela</b>  | <b>1993</b> |
| <b>200 m</b>          | <b>25''57</b>    | <b>Lamberty Nadine</b>   | <b>1983</b> |
| <b>300 m</b>          | <b>40''48</b>    | <b>Hansen Frédérique</b>   | <b>2009</b> |
| <b>400 m</b>          | <b>55''99</b>    | <b>Hansen Frédérique</b>   | <b>2010</b> |
| <b>600 m</b>          | <b>1'33''14</b>  | <b>Mathias Charline</b>  | <b>2008</b> |
| <b>800 m</b>          | <b>2'07''28</b>  | <b>Nobili Martine</b>  | <b>2002</b> |
| <b>1000 m</b>         | <b>2'48''74</b>  | <b>Kieffer Lena</b>  | <b>2018</b> |
| <b>1500 m</b>         | <b>4'26''07</b>  | <b>Kieffer Lena</b>  | <b>2018</b> |
| <b>3000 m</b>         | <b>10'09''02</b> | <b>Scheller Maryse</b>   | <b>2004</b> |
| <b>5000 m</b>         | <b>17'52''49</b> | <b>Scheller Maryse</b>   | <b>2004</b> |
| <b>100 m Haies</b>    | <b>14,89</b>     | <b>Brachtenbach Martine</b>  | <b>1999</b> |
|                       | <b>14,89</b>     | <b>Baldelli Steffi</b>   | <b>2002</b> |
| <b>300 m Haies</b>    | <b>44,65</b>     | <b>Linster Carole</b>  | <b>1995</b> |
| <b>400 m Haies</b>    | <b>64''50</b>    | <b>Linster Carole</b>  | <b>1995</b> |
| <b>2000 m Steeple</b> | <b>7'24''69</b>  | <b>Scheller Maryse</b>   | <b>2004</b> |
| <b>3000 m Steeple</b> | <b>15'34''39</b> | <b>Procacci Lydie</b>  | <b>2006</b> |
| <b>Longueur</b>       | <b>5,53</b>      | <b>Kipgen Laurence</b>   | <b>1999</b> |
| <b>Hauteur</b>        | <b>1,67</b>      | <b>Baldelli Steffi</b>   | <b>2000</b> |
| <b>Triple Saut</b>    | <b>11,57</b>     | <b>Herr Bénédicte</b>  | <b>2003</b> |
| <b>Perche</b>         | <b>3,40</b>      | <b>Buekens Lara</b>  | <b>2014</b> |
| <b>Poids 3 kg</b>     | <b>12,21</b>     | <b>Faber Isabelle</b>  | <b>1994</b> |
| <b>Poids 4 kg</b>     | <b>11,95</b>     | <b>Faber Isabelle</b>  | <b>1996</b> |
| <b>Marteau 3 kg</b>   | <b>42,68</b>     | <b>Krieps-Dupong Lisa</b>  | <b>2018</b> |
| <b>Marteau 4 kg</b>   | <b>12,93</b>     | <b>Gonzales Nathalie</b>   | <b>2011</b> |
| <b>Disque 1 kg</b>    | <b>32,56</b>     | <b>Mathias Heike</b>   | <b>1996</b> |
| <b>Javelot 400 gr</b> | <b>38,08</b>     | <b>Steffen Véronique</b>   | <b>1992</b> |
| <b>Javelot 500 gr</b> | <b>29,50</b>     | <b>Lassine Laure</b>   | <b>2018</b> |
| <b>Javelot 600 gr</b> | <b>31,92</b>     | <b>Procacci Stephanie</b>  | <b>2010</b> |
| <b>Triathlon</b>      | <b>1.889</b>     | <b>Esposito Carmela</b><br>9.97-1,45-9,47                          | <b>1993</b> |
| <b>Heptathlon</b>     | <b>4.192</b>     | <b>Kipgen Laurence</b><br>15.69-1,58-8,62-13.73-5,36-21,86-2.32.96 | <b>1999</b> |
| <b>4 x 100 m</b>      | <b>50,27</b>     | <b>Diehl M. - Van Damme K.</b><br><b>Orville M. - Hoffmann C.</b>  | <b>2006</b> |
| <b>4 x 300 m</b>      | <b>2'58''2</b>   | <b>Decarniere I. - Reuter</b><br><b>Hoffmann D. - Kayser Ch.</b>   | <b>1977</b> |
| <b>4 x 400 m</b>      | <b>4'03''49</b>  | <b>Frasing Fr. - Hansen Fr.</b><br><b>Mathias C. - Wagener A.</b>  | <b>2009</b> |
| <b>3 x 800 m</b>      | <b>7'14''02</b>  | <b>Fields G. - Bruls M.</b><br><b>Kieffer L.</b>                   | <b>2017</b> |

## JUNIORS

|                |           |   |      |
|----------------|-----------|---|------|
| 100 m          | 12''32    | Lamberty Nadine   | 1983 |
| 150 m          | 19''32    | Esposito Carmela  | 1993 |
| 200 m          | 25''1     | Linster Véronique   | 1987 |
| 300 m          | 40''48    | Hansen Frédérique   | 2009 |
| 400 m          | 54''05    | Hansen Frédérique   | 2013 |
| 600 m          | 1'31''68  | Nobili Martine  | 2003 |
| 800 m          | 2'07''07  | Nobili Martine  | 2003 |
| 1000 m         | 2'48''74  | Kieffer Lena  | 2018 |
| 1500 m         | 4'26''07  | Kieffer Lena  | 2018 |
| 3000 m         | 10'09''02 | Scheller Maryse   | 2004 |
| 5000 m         | 17'46''71 | Scheller Maryse   | 2005 |
| 10000 m        | 44'03''31 | Dratwicki Natahlie  | 2006 |
| Mile           | 4'58''60  | Nobili Martine  | 2002 |
| 100 m Haies    | 14''63    | Brachtenbach Martine  | 2000 |
| 400 m Haies    | 63''20    | Linster Carole  | 1996 |
| 3000 m Steeple | 11'11''26 | Scheller Maryse   | 2005 |
| Longueur       | 5,85      | Brachtenbach Martine  | 2001 |
| Hauteur        | 1,68      | Hengen Chantal  | 1993 |
| Triple Saut    | 11,72     | Bokomba Nita  | 2013 |
| Perche         | 3,50      | Scheer Joëlle   | 2002 |
| Poids 4 kg     | 11,95     | Faber Isabelle  | 1996 |
| Marteau 4 kg   | 26,70     | Mathias Heike   | 1998 |
| Disque 1 kg    | 41,44     | Margue Betty  | 1966 |
| Javelot 600 gr | 35,53     | Faber Isabelle  | 1999 |
| Heptathlon     | 4.430     | Van Cruchten Marielse<br>15.85-1,60-9,58-26.90-5,28-22,88-2.24.03 | 1992 |
| 4 x 100 m      | 50,4      | Scholtes Y. - Mines E.<br>Kremer -Hild Y.                         | 1973 |
| 4 x 400 m      | 4'03''49  | Frasing Fr. - Hansen Fr.<br>Mathias C. - Wagener A.               | 2009 |
| 3 x 800 m      | 7'14''02  | Fields G. - Bruls M.<br>Kieffer L.                                | 2017 |

## ESPOIRS

|                |           |   |      |
|----------------|-----------|---|------|
| 100 m          | 12'0      | Linster Véronique   | 1987 |
| 200 m          | 25''1     | Linster Véronique   | 1987 |
| 300 m          | 40''48    | Hansen Frédérique   | 2009 |
| 400 m          | 54''05    | Hansen Frederique   | 2013 |
| 500 m          | 1'16''89  | Mathias Charline  | 2012 |
| 600 m          | 1'31''63  | Frisch Carole   | 2008 |
| 800 m          | 2'02''53  | Mathias Charline  | 2014 |
| 1000 m         | 2'48''74  | KiefferLena   | 2018 |
| 1500 m         | 4'26''07  | Kieffer Lena  | 2018 |
| 3000 m         | 10'09''02 | Scheller Maryse   | 2004 |
| 5000 m         | 17'03''35 | Weis Christiane   | 2000 |
| 10000 m        | 44'03''31 | Dratwicki Natahlie  | 2006 |
| 100 m Haies    | 14''63    | Brachtenbach Martine  | 2000 |
| 400 m Haies    | 63 ''20   | Linster Carole  | 1996 |
| 3000 m Steeple | 11'11''26 | Scheller Maryse   | 2005 |
| Mile           | 4'58''60  | Nobili Martine  | 2002 |
| Longueur       | 5,85      | Brachtenbach Martine  | 2001 |
| Hauteur        | 1,68      | Hengen Chantal  | 1983 |
|                | 1,68      | Baum Laurence   | 2000 |
| Triple Saut    | 11,78     | Bokomba Nita  | 2014 |
| Perche         | 3,55      | Scheer Joëlle   | 2004 |
| Poids 4 kg     | 11,99     | Losert Melanie  | 2005 |
| Disque 1 kg    | 41,44     | Margue Betty  | 1966 |
| Javelot 600 gr | 35,53     | Faber Isabelle  | 1999 |
| Marteau 4,kg   | 26,70     | Mathias Heike   | 1998 |
| Heptathlon     | 4.430     | Van Cruchten Marielse<br>15.85-1,60-9,58-26.90-5,28-22,88-2.24.03 | 1992 |
| 4 x 100 m      | 50'4      | Scholtes Y. - Mines E.<br>Kremer - Hild Y.                        | 1973 |
| 4 x 400 m      | 4'03''49  | Frasing Fr. - Hansen Fr.<br>Mathias C. - Wagener A.               | 2009 |
| 3 x 800 m      | 7'14''02  | Fields G. – Bruls M.<br>Kieffer L.                                | 2017 |

## SENIORS

|                        |           |   |      |
|------------------------|-----------|---|------|
| 100 m                  | 11''76    | Linster Véronique   | 1992 |
| 200 m                  | 24''11    | Bauer Anaïs   | 2018 |
| 300 m                  | 40''48    | Hansen Frédérique   | 2009 |
| 400 m                  | 54''05    | Hansen Frederique   | 2013 |
| 500 m                  | 1'16''89  | Mathias Charline  | 2012 |
| 600 m                  | 1'31''63  | Frisch Carole   | 2008 |
| 800 m                  | 2'00''35  | Mathias Charline  | 2018 |
| 1000 m                 | 2'40''09  | Mathias Charline  | 2018 |
| 1500 m                 | 4'12''57  | Mathias Charline  | 2017 |
| 3000 m                 | 9'38''2   | Schmit Fernande   | 1998 |
| 5000 m                 | 16'39''80 | May Elisabeth   | 2007 |
| 10000 m                | 35'45''21 | May Elisabeth   | 2007 |
| Marathon               | 2.46'04   | Metz Christine  | 1991 |
| 100 m Haies            | 13''36    | Linster Véronique   | 1996 |
| 400 m Haies            | 59''19    | Reuland Kim   | 2016 |
| 3000 m Steeple         | 11'11''26 | Scheller Maryse   | 2005 |
| Longueur               | 5,85      | Brachtenbach Martine  | 2001 |
| Hauteur                | 1,88      | Kähler Birgit   | 2004 |
| Triple Saut            | 11,78     | Bokomba Nita  | 2014 |
| Perche                 | 3,70m     | Amabilino Silvia  | 2017 |
| Poids 4 kg             | 12,43     | Margue Betty  | 1968 |
| Disque 1 kg            | 41,95     | Margue Betty  | 1968 |
| Javelot 600 gr         | 43,88     | Baldin Mareike  | 2011 |
| Mart. lourd 9,08kg     | 14,72m    | Tonizzo-Kosmala Mireille                                    | 2017 |
| Marteau 4 kg           | 41,98m    | Tonizzo-Kosmala Mireille                                    | 2018 |
| Marteau 3kg W50        | 46,14m    | Tonizzo-Kosmala Mireille                                    | 2018 |
| Mart. lourd 7,26kg W50 | 17,23m    | Tonizzo-Kosmala Mireille                                    | 2018 |
| Heptathlon             | 5.316     | Baldin Mareike<br>14.26-1,54-11,16-25.11-5,72-39,54-2.21.54 | 2010 |
| 4 x 100 m              | 49''32    | Linster V. - Thill S.<br>Beissel A. - Leches S.             | 1992 |
| 4 x 400 m              | 3'56''19  | Kieffer L. - Bruls M.<br>Bauer A. - Mathias Ch.             | 2018 |
| 3 x 800 m              | 6'45''9   | Decarniere I. - Schmit F.<br>Scholtes Y.                    | 1978 |